

# Thirty Years of Smiles



Dr. Paul van Wijlen

One of my mentors from University, Dr. W. Saunders once told me that he looked forward to going into work every day of his many years of practice. He explained that, more than the dentistry, it was the people, the patients and staff that made it so special and rewarding. I couldn't agree more.

It's been three decades since I took over Dr. Chaloner's practice. Many of the original patients from 1985 still remain valued patients to this day. We now see the children of the third generation brightening our clinic with their smiles.

One of the most rewarding moments of our day is seeing the huge impact that a beautiful new smile can make for someone, especially if they have never had it before. An even bigger reward comes from the knowledge that you are helping to improve the quality of life of another individual. Being passionate about your work, helping ensure good health and impacting directly on your patient's quality of life... Who could ask for anything more?

To my many loyal patients over the years: It's been a pleasure to be your dentist, thank you for entrusting us with your dental care.

~ Dr. van Wijlen



## Let's make a date:

### Take advantage of your insurance



Louise April Dr. Lim Lynne

Dental insurance plans are contracts between you and your insurance provider. They help facilitate dental care but should never determine your oral health needs. Understanding the benefits of your plan may be complicated and confusing.

Our friendly and knowledgeable staff are trained to help and advise you on how to get the most from your insurance coverage.

#### Hours of Operation:

Monday:	9am - 5pm
Tuesday:	8am - 5pm
Wednesday:	8am - 5pm
Thursday:	8am - 8pm
Friday:	8am - 12pm



Beacon Dental Group  
Dr. Paul van Wijlen & Associates  
General, Family & Esthetic Dentistry

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# Love your smile!



## Introducing Dr. Virginie Lim



Dr. Paul van Wijlen & Dr. Virginie Lim

We are delighted to announce the addition of Dr. Virginie Lim to the Beacon Dental Group. Dr. Lim was born and raised on the West Island of Montreal. She studied and completed her Doctorate Degree in Dental Medicine at the University of Montreal. Upon receiving her degree she had the privilege to be invited to participate in a one year post-graduate residency at McGill University at the Royal Victoria Hospital.

Dr. Lim's interests lie in comprehensive care and continuing education, focusing on family and pediatric dentistry, restorative treatment, and periodontics. Her goal is to provide meticulous dental care and overall well-being for her patients.

# Love your Gums for a Better Health!

“My priority as a dentist is to provide optimal dental health to ensure your smile will last a lifetime. One of the factors that cannot be emphasized enough is the health of your periodontium.”

The periodontium refers to the gums and bones around your teeth, two important structures that provide support and bacterial barrier for your teeth.

**Don't take your gums for granted!** When the periodontium is not properly taken care of, several issues can arise. Gingivitis is the most common and mild form. It involves inflamed gums that bleed easily.

Untreated gingivitis can progress into periodontitis, a more serious infection that can silently destroy the bone attaching your teeth. There are different types of gum disease. Some have been linked with cardiovascular disease, diabetes, and respiratory problems.

**Commit to having healthy gums!** One of my favorite missions as a dentist is to pay attention to your gums and keep them pristine. I have the belief that a little extra care and attention to our gums makes a great difference to our health and our smile. It would be my pleasure to help you achieve this.



Dr. Virginie Lim

One of my chief passions as a dentist is to help patients achieve and maintain optimal gum health.

~ Dr. Lim

# Did you know that you could have a whiter, brighter smile in just one appointment?

Everybody loves a bright white smile. Many people are satisfied with the sparkle they get from daily brushing and flossing as well as regular professional cleaning. Should you decide you would like to go beyond this to make your smile even brighter, you should talk to you dentist and dental hygienist about your whitening options.

Tooth whitening brightens teeth and removes stains and discolorations. Whitening is among the most popular cosmetic dental procedures because it can greatly improve the impact of your smile. Results vary depending on the type of stain and the treatment you choose.

Following a professional whitening treatment, patients often say that their new look gives a boost to their confidence and self-esteem. Looking good often influences how people feel about themselves. A bright smile gives the perception of health and vitality. Properly applied and maintained, the treatments are non-invasive, safe and any minor side effects are transient.

Although the dental whitening procedure does cost more than over-the-counter methods, a professional treatment is a worthwhile investment. It takes place under carefully monitored conditions, which allows for a safe, controlled use of a relatively high concentration of bleaching gel giving the patients results that are immediately visible. Our clinical staff is with you all the way to customize your treatment and help you achieve optimal results.

Professional in-office teeth whitening is the most popular dental procedure and remains one of the most economical ways to enhance your smile. ~ Jessica Nadon – certified dental hygienist



Judy Colleen Jessica



Jessica

## Accepting new patients and children 2 years and older.

~“Regular checkups are very important for the development of your child’s teeth” - Dr. Lim



Dr. Lim

### Patient Referral Program

We appreciate the trust and confidence that your referrals mean to our clinic. In acknowledgement we are pleased to offer a complimentary home whitening kit (value\$350) for every five referrals.